

TUBK
1983/84

CIAC STATE CHAMPIONSHIP INDOOR TRACK AND FIELD MEET

MARCH 17, 1984

SOUTHERN CONN STATE UNIV

OPEN

55 METER HURDLES

1. RANDALL, TRIP	WESTON	7.60
2. STEWART, DEVON	WEAVER	7.64
3. BELL, DARRIN	XAVIER	7.71
4. CARDOSI, PAUL	ST JOSEPH	7.87
5. HADDEN, KEVIN	XAVIER	7.87
6. DI MARTINO, JOHN	NOTRE DAME WH	7.89

SHOT PUT

1. HAMEL, SCOTT	NEW BRITAIN	17.06
2. GUBNER, CORY	WESTON	16.74
3. HOFFA, TODD	WATERFORD	16.31
4. MEYER, JIM	E CATHOLIC	15.66
5. SCHOFIELD, DAVE	WINDHAM	14.99
6. SMITH, KEVIN	SOUTHERN	14.98

1000 METER RUN

1. JOHNS, BILL	WINDSOR LOCKS	2.32.20	MR
2. BURROWES, HORACE	HPHS	2.33.19	
3. MC KIERNAN, CHRIS	DARIEN	2.33.21	
4. DIRGINS, TIM	GREENWICH	2.36.79	
5. BURDICK, BEN	XAVIER	2.36.99	
6. LEWIS, MIKE	XAVIER	2.37.29	

4 X 800 RELAY

1. WESTHILL	8.12.08
2. EAST HARTFORD	8.12.10
3. HOLY CROSS	8.18.04
4. STAPLES	8.23.93
5. NFA	8.26.64
6. ST BERNARD	8.35.29

55 METER DASH

1. SEALS, DAN	NOTRE DAME	6.59
2. LECKEY, BILL	MORGAN	6.63
3. BASKIN, JOHN	WEAVER	6.65
4. ZACHERY, BOB	E CATHOLIC	6.68
5. HENRY, MIKE	WEAVER	6.72
6. PRACKUP, RICH	WESTON	6.79

OPEN PAGE TWO

LONG JUMP

1. FIELDS, JIM	STAMFORD	6.69
2. ARMSTRONG, DARON	HADD-KILL	6.55
3. THOMPSON, LEN	STAPLES	6.41
4. ODOM, EJ	BLOOMFLD	6.30
5. KIPNESS, ROBERT	STAMFORD	6.28
6. LECKEY, BILL	MORGAN	6.14

1500 METER RUN

1. FICKINGER, PETE	XAVIER	4.06.36
2. NOEL, WILLIAN	HOLY CROSS	4.08.44
3. RODGERS, MIKE	NEW CANAAN	4.08.84
4. SMITH, MIKE	RIDGEFIELD	4.10.66
5. WHEATON, NEIL	HADD-KILL	4.16.52
6. SCHIFFER, ANDY	NW CATHOLIC	4.16.72

500 METER RUN

1. SILVA, MARK	WEAVER	1.05.64
2. BERGAMO, PETE	HOLY CROSS	1.06.24
3. VIERA, TONY	STAN CATHOLIC	1.06.29
4. CARAZZO, CHRIS	NORTH HAVEN	1.07.68
5. DENNISON, JOE	NORWALK	1.08.34
6. KERZ, STEVE	WESTON	1.09.18

SPRINT MEDLEY RELAY

1. WESTHILL	3.42.57
2. STAMFORD	3.43.84
3. XAVIER	3.44.64
4. WEAVER	3.44.96
5. HARTFORD PUBLIC	3.45.93
6. WINDSOR LOCKS	3.47.15

800 METER RUN

1. REMIGINO, MIKE	NW CATHOLIC	1.58.95
2. MC CORMACK, MIKE	HOLY CROSS	2.00.08
3. CLAPP, CHAS	EAST HTRD	2.00.30
4. NORMAN, CHAS	WEAVER	2.00.74
5. RIVERS, DAVE	WESTHILL	2.01.25
6. PERRY, LEWIS	XAVIER	2.01.58

OPEN PAGE THREE

300 METER DASH

1. TOWLES, TY	NOTRE DAME	35.21 MR
2. VIERA, TINY	STAMFORD CATH	35.60
3. WARREN, RANDY	NOTRE DAME	36.99
4. ANDERSON, JOHN	HARTFORD PUBLIC	37.20
5. PRACKUP, RICH,	WESTON	37.35
6. CAIN, GARY	MC MAHON	37.44

28 LB WEIGHT THROW (NON SCORING)

1. RIDAHR, PAUL	XAVIER	13.91
2. MARINO, PHIL	NEW BRITAIN	13.75
3. DI LEO, JOHN	HOLY CROSS	13.33
4. BESSETTE, MATT	HOLY CROSS	12.85
5. CRETO, ED	XAVIER	12.29
6. PINNETTE, ANDRE	XAVIER	11.91

3000 METER RUN

1. ORTIZ, HECTOR	EAST HTFD	9.54.23
2. BONIAUTO, GREG	XAVIER	9.00.23
3. HIXSON, MARK	SO CATHOLIC	9.01.61
4. LORENZINI, JOHN	RIDGEFIELD	9.03.75
5. MAGNUSSON, GREG	WESTON	9.10.62
6. BIONDI, RICH	BRANFORD	9.13.62

4 X 400 RELAY

1. WEAVER	3.31.50
2. NFA	3.33.57
3. NORTH HAVEN	3.37.01
4. STAPLES	3.37.70
5. KILLINGLY	3.38.15
6. XAVIER	3.42.39

4 X 200 RELAY

1. NOTRE DAME WH	1.33.85
2. WEAVER	1.34.26
3. STAMFORD	1.35.28
4. XAVIER	1.36.24
5. HARTFORD PUBLIC	1.38.77
6. WESTON	1.39.13

OPEN PAGE FOUR

HIGH JUMP

1. STEWART, DEVON	WEAVER	2.00
2. BARDOSS, PETER	MC MAHON	1.95
3. SEBASTIAN, CRAIG	EAST LYME	1.85
4. RYAN, STEVE	DARIEN	1.85
5. HAAS, PAUL	GLASTONBURY	1.85
6. PERKINS, TODD	WATERFORD	1.80

POLE VAULT

1. MORIN, RICK	XAVIER	3.65
2. MURPHY, DAN	SO WINDSOR	3.65
3. SERVETTES, DAN	TRUMBULL	3.65
4. PICKETT, CHAS	XAVIER	3.65
5. RASHAD, PAT	STAMFORD	3.65
6. HARDEGAN, SHAWN	WINDHAM	3.50

TEAM SCORES:

1. WEAVER	62	33. KILLINGLY	2
2. XAVIER	54	NORWALK	2
3. NOTRE DAME	37	GLASTONBURY	2
4. HOLY CROSS	30	36. ST BERNARD	1
5. STAMFORD	28	BRANFORD	1
6. WESTON	25	CHESHIRE	1
7. EAST HARTFORD	24		
8. WESTHILL	22		
9. HARTFORD PUBLIC	16		
10. STAPLES	14		
STAMFORD CATH	14		
12. NW CATHOLIC	11		
WINDSOR LOCKS	11		
14. HADD KILL	10		
DARIEN	10		
NFA	10		
NEW BRITAIN	10		
NORTH HAVEN	10		
19. MORGAN	9		
MC MAHON	9		
21. RIDGEFIELD	8		
EAST CATHOLIC	8		
23. WATERFORD	7		
TRUMBULL	7		
EAST LYME	7		
SOUTH WINDSOR	7		
27. NEW CANAAN	6		
SOUTH CATHOLIC	6		
29. ST JOSEPH	4		
BLOOMFIELD	4		
BETHEL	4		
32. WINDHAM	3		

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CIAC CLASS L INDOOR CHAMPIONSHIP MEET

MARCH 10, 1984 UNIVERSITY OF CONNECTICUT

4 X 800 YD RELAY

1. WESTHILL	7.19.39
2. HOLY CROSS	7.27.45
3. XAVIER	7.29.71
4. NORWICH FREE ACADEMY	7.31.35
5. STAPLES	7.32.64
6. STAMFORD	7.45.38

SHOT PUT

1. HAMEL, SCOTT	NEW BRITAIN	16.59
2. BURRELL, BURNELL	NOTRE DAME WH	15.03
3. NARUS, KURT	FAIRFIELD PREP	14.36
4. FALCO, TOM	TRUMBULL	14.23
5. BESSETTE, MATT	HOLY CROSS	13.97
6. CARNES, DOUG	DARIEN	13.41

1000 METER RUN

1. MC KIERNAN, CHRIS	DARIEN	2.33.94
2. BURROWES, HORACE	HPHS	2.36.79
3. PALMER, LARRY	WEAVER	2.37.22
4. BURDICK, BEN	XAVIER	2.38.05
5. DIRGINS, TIM	GREENWICH	2.39.47
6. DICKENSON, CHRIS	AMITY	2.39.68

500 METER RUN

1. SILVA, MARK	WEAVER	1.07.28
2. BERGAMO, PETE	HOLY CROSS	1.07.44
3. DENNISON, JOE	NORWALK	1.08.95
4. ROSS, TONY	WEAVER	1.11.28
5. MICHAUD, RAY	NOTRE DAME WH	1.12.03
6. ARENA, JOHN	XAVIER	1.12.38

LONG JUMP

1. THOMPSON, LEN	STAPLES	6.43
2. PICIRRILLO, DAVE	TRUMBULL	6.41
3. GOODEN, LITVIN	HPHS	6.34
4. FIELDS, JIM	STAMFORD	6.25
5. KIPNESS, ROBERT	STAMFORD	5.95
6. MATTEO, MIKE	XAVIER	5.88

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CIAC CLASS L

PAGE TWO

55 METER HURDLES

1. STEWART, DEVON	WEAVER	7.71
2. BELL, DARIN	XAVIER	7.74
3. DI MARTINO, JOHN	NOTRE DAME WH	7.91
4. HADDEN, KEVIN	XAVIER	8.14
5. EDWARDS, STAN	NOTRE DAME WH	8.46
6. BARANOWSKI, JAY	TRUMBULL	8.61

55 METER DASH

1. SEALS, DAN	NOTRE DAME WH	6.62
2. STEWART, KEN	MC MAHON	6.71
3. HENRY, MIKE	WEAVER	6.75
4. GASKIN, JOHN	WEAVER	6.75
5. GERVAIS, MIKE	MC MAHON	6.76

HIGH JUMP

1. BARDOS, PETER	MC MAHON	1.90
2. STEWART, DEVON	WEAVER	1.85
3. HAAS, PAUL	GLASTONBURY	1.85
4. RYAN, STEVE	DARIEN	1.85
5. DA COSTA, DAVE	WEAVER	1.80
6. MIDDLETON, STEVE	STAPLES	1.80

1500 METER RUN

1. FICKENGER, PETE	XAVIER	4.06.00
2. SMITH, MIKE	RIDGEFIELD	4.10.48
3. RODGERS, MIKE	NEW CANAAN	4.10.82
4. NOEL, WILLIAM	HOLY CROSS	4.16.92
5. LISCOMB, VIN	MANCHESTER	4.19.78
6. ZITSMAN, JOHN	GREENWICH	4.21.25

SPRINT MEDLEY RELAY

1. WESTHILL	3.19.07
2. STAMFORD	3.23.59
3. WEAVER	3.26.11
4. HPHS	3.27.28
5. XAVIER	3.30.98
6. HOLY CROSS	3.32.47

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CIAC CLASS L PAGE THREE

800 METER RUN

1. JEWELL, JIM	NEW CANAAN	2.03.74
2. MC KIERNAN, CHRIS	DARIEN	2.03.84
3. NORMAN, CHAS	WEAVER	2.04.85
4. MC CORMACK, MIKE	HOLY CROSS	2.04.85
5. RIVERS, DAVE	WESTHILL	2.05.42
6. PERRY, LEWIS	XAVIER	2.06.18

300 METER DASH

1. TOWLES, TY	NOTRE DAME WH	35.75
2. WARREN, RANDY	NOTRE DAME WH	37.54
3. BROWN, MARK	WEAVER	37.81
4. CAIN, GARY	MC MAHON	38.10
5. ANDERSON, JOHN	HPS	38.31
6. BRUESKI, MIKE	MC MAHON	38.41

3000 METER RUN

1. BONIAUTO, GREG	XAVIER	8.56.26
2. LORENZINI, JOHN	RIDGEFIELD	9.00.20
3. WYSOKINSKI, ED	HOLY CROSS	9.10.63
4. FICKINGER, PETER	XAVIER	9.14.39
5. DIRGINS, TIM	GREENWICH	9.16.76
6. ROWLEY, MARK	XAVIER	9.26.95

4 X 400 YD RELAY

1. WEAVER	3.11.71
2. NORWICH FREE ACADEMY	3.13.34
3. MC MAHON	3.13.43
4. STAPLES	3.16.91
5. DARIEN	3.19.53
6. XAVIER	3.19.61

POLE VAULT

1. RASHAD, PAT	STAMFORD	3.90
2. MORIN, RICK	XAVIER	3.80
3. DEMCKE, GLENN	HOLY CROSS	3.80
4. SERVETES, DAN	TRUMBULL	3.65
5. PICKETT, CHARLES	XAVIER	3.65
6. BRYSH, T.R.	XAVIER	3.50

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CIAC CLASS L PAGE 4

4 X 200 YD RELAY

1. NOTRE DAME WH	1.24.83
2. WEAVER	1.26.18
3. MC MAHON	1.26.62
4. STAMFORD	1.27.27
5. XAVIER	1.29.58
6. HPHS	1.30.01

TEAM SCORES

1. WEAVER	86
2. XAVIER	66
3. NOTRE DAME WH	56
4. HOLY CROSS	39
5. MC MAHON	37
6. STAMFORD	29
7. DARIEN	24
8. WESTHILL	22
9. HARTFORD PUBLIC	21
10. STAPLES	17
TRUMBLL	17
12. RIDGEFIELD	16
NEW CANAAN	16
14. NORWICH FREE ACAD	12
15. NEW BRITAIN	10
16. FAIRFIELD PREP	6
NORWALK	6
GLASTONBURY	6
19. GREENWICH	5
20. MANCHESTER	2
21. AMITY	1

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CIAC CLASS M INDOOR TRACK AND FIELD CHAMPIONSHIP MEET

MARCH 10, 1984 UNIVERSITY OF CONNECTICUT

SHOT PUT

1. GUBNER, CORY	WESTON	16.60
2. SCHOFIELD, DAVE	WINDHAM	15.47
3. MEYER, JIM	EAST CATHOLIC	15.43
4. HOFFA, TODD	WATERFORD	15.32
5. SMITH, KEVIN	EAST LYME	14.81
6. FITZGERALD, JIM	WATERFORD	13.64

4 X 800 YD RELAY

1. EAST HARTFORD	7.34.53
2. ST. PAUL	7.42.53
3. ST. BERNARD	7.43.55
4. PLATT	7.47.90
5. BETHEL	7.55.29
6. GUILFORD	8.03.62

1000 METER RUN

1. JOHNS, BILL	WINDSOR LOCKS	2.35.98
2. WHITE, RANDY	KILLINGLY	2.35.19
3. LEWIS, MIKE	CHESHIRE	2.40.96
4. WILLIAMS, TODD	LEDYARD	2.42.61
5. DEVANEY, TIM	GUILFORD	2.42.86
6. GOETTEL, MARK	KILLINGLY	2.44.58

500 METER RUN

1. VIERA, TONY	STAMFORD CATHOLIC	1.09.20
2. CARAZZO, CHRIS	NORTH HAVEN	1.09.67
3. HERZ, STEVE	WESTON	1.10.55
4. CHANG, FRANKLIN	NORTHWEST CATHOLIC	1.10.84
5. AVESATO, ROB	BETHEL	1.10.95
6. ARMSTRONG, DARON	HADDAM-KILLINGWORTH	1.11.38

LONG JUMP

1. ARMSTRONG, DARON	HADDAM-KILLINGWORTH	6.41
2. ODOM, E.J.	BLOOMFIELD	6.37
3. MANTILLA, DARIUS	BROOKFIELD	6.27
4. LECKEY, BILL	MORGAN	6.19
5. PENTEKELES, STEVE	KILLINGLY	6.04
6. CAMBY, KEITH	EAST HARTFORD	5.99

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CLASS M PAGE TWO

1500 METER RUN

1. SCHIFFER, ANDREW	NORTHWEST CATHOLIC	4.12.92
2. PRUDEN, GLENN	EAST HARTFORD	4.16.46
3. TUCCITTO, TONY	VALLEY REGIONAL	4.18.64
4. GREENHART, CRAIG	NEW MILFORD	4.18.65
5. WHEATON, NEIL	HADDAM-KILLINGWORTH	4.19.44
6. SIKORSKI, DON	ST. BERNARD	4.23.94

HIGH JUMP

1. SEBASTIAN, CRAIG	EAST LYME	1.85
2. PERKINS, TODD	WATERFORD	1.80
3. YEH, HENRY	FARMINGTON	1.80
4. GAZZO, BOB	ST BERNARD	1.80
5. DEROUCHER, MIKE	PENNEY	1.75
6. GRAY, MIKE	ST, JOSEPH	1.70

POLE VAULT

1. HINES, ERIC	HADDAM-KILLINGWORTH	3.50
2. HARDEGAN, SHAWN	WINDHAM	3.50
3. PABILONIA, CHRIS	WINDHAM	3.35
4. RENEHEN, JAMIE	ST. BERNARD	3.35
5. WEBB, TODD	WATERFORD	3.35
6. MATHER, KEN	SUFFIELD	3.35

55 METER DASH

1. ZACHERY, BOB	EAST CATHOLIC	6.75
2. LECKEY, BILL	MORGAN	6.76
3. SUTTON, KEN	EAST HARTFORD	6.77
4. CONRAD, GREG	NORTHWEST CATHOLIC	6.82
5. TANTORSKI, ED	NORTH HAVEN	6.89
6. PRACKUP, RICH	WESTON	6.94

55 METER HURDLES

1. RANDALL, TRIPP	WESTON	7.78
2. PRESCOD, TYRONE	SOUTH CATHOLIC	8.17
3. KATKAVICH, JON	SOUTH CATHOLIC	8.21
4. CARDOSI, PAUL	ST JOSEPH	8.24
5. MAINETTI, MARK	HADDAM-KILLINGWORTH	8.25
6. YEH, HENRY	FARMINGTON	8.29

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CIAC CLASS M PAGE THREE

SPRINT MEDLEY RELAY

1. WINDSOR LOCKS	3.26.95
2. GUILFORD	3.28.90
3. EAST HARTFORD	3.31.60
4. BETHEL	3.32.26
5. ST BERNARD	3.32.73
6. KILLINGLY	3.33.36

800 METER RUN

1. WINDSLOW, MIKE	KILLINGLY	2.01.15
2. CLAP, CHARLES	EAST HARTFORD	2.01.89
3. REMIGINDO, MIKE	NORTHWEST CATHOLIC	2.02.84
4. CASADEI, TONY	LITCHFIELD	2.05.53
5. SIMONELLI, MATT	BETHEL	2.06.46
6. VAN HOOF, TOM	ST PAUL	2.09.03

300 METER DASH

1. VIERA, TOM	STAMFORD CATHOLIC	36.99
2. PRACKUP, RICH	WESTON	38.00
3. ZACHERY, BOB	EAST CATHOLIC	38.19
4. PATTERSON, RANDY	TORRINGTON	38.57
5. TANTORSKI, ED	NORTH HAVEN	39.06
6. PENTELEKUS, STEVE	KILLINGLY	39.09

3000 METER RUN

1. ORTIZ, HECTOR	EAST HARTFORD	8.57.74
2. HIXSON, MARK	SOUTH CATHOLIC	9.03.79
3. MAGNUSSON, GREG	WESTON	9.04.17
4. BIONDI, RICH	BRANFORD	9.18.07
5. MATTIELLO, TODD	TORRINGTON	9.20.78
6. MARGIS, JOE	NORTHWEST CATHOLIC	9.20.81

4 X 400 YD RELAY

1. KILLINGLY	3.16.13
2. NORTH HAVEN	3.17.33
3. NORTHWEST CATHOLIC	3.22.64
4. ST PAUL	3.23.55
5. GUILFORD	3.25.84
6. LEDYARD	3.28.74

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CIAC CLASS M PAGE FOUR

4 X 200 YD RELAY

1. WESTON	1.28.75
2. BETHEL	1.30.30
3. NEW MILFORD	1.30.93
4. EAST HARTFORD	1.31.29
5. BROOKFIELD	1.31.56
6. ST JOSEPHS	1.32.03

TEAM SCORES

1. EAST HARTFORD	53
2. WESTON	51
3. KILLINGLY	33
4. NORTHWEST CATHOLIC	31
5. HADDAM-KILLINGWORTH	25
6. WATERFORD	23
7. EAST LYME	22
EAST CATHOLIC	22
WINDHAM	22
SOUTH CATHOLIC	22
11. NORTH HAVEN	20
WINDSOR LOCKS	20
STAMFORD	20
14. ST, BERNARD	17
15. BETHEL	16
16. ST. PAUL	13
17. FARMINGTON	12
MORGAN	12
19. GUILFORD	11
20. NEW MILFORD	10
21. BLOOMFIELD	8
BROOKFIELD	8
23. ST JOSEPH	7
24. VALLEY REGIONAL	6
CHESHIRE	6
TORRINGTON	6
27. LEDYARD	5
28. LITCHFIELD	4
PENNEY	4
BRANFORD	4
PLATT	4
32. SUFFIELD	1